

Program Information

Motto - “Respect yourself, respect your culture”

About

The Soccer for Change program is about empowering children through sport. Football West, Geraldton Sporting Aboriginal Corporation and WA Centre for Rural Health worked together to form this program. The program focusses on developing not only soccer skills, but life skills, health, team work and leadership.

Program Big Goal

Soccer for Change is an initiative allowing young boys and girls the opportunity to build their own sense of identity and belonging as well as discovering new talents. Before the Soccer for Change program was implemented, the number of indigenous youth playing soccer was low and a program that also focused on healthy lifestyle and leadership was non-existent. Soccer for Change is a program designed to bring together both indigenous and non-indigenous youth in a fun, safe and enjoyable learning environment.

Program Research and Need

Sport is an integral part of Australian culture, community and society. Studies have shown that sport provides a platform for improving educational engagement and academic outcomes as well as promoting social inclusion and well-being. For instance, young people who play sport are less likely to be engaged in violent activities off the field.

Organised sport teaches children non-violent behaviour, respect for others, the importance of fitness and self-control and responsibility to self and others. Sport can also model gender equality and has an important role in shaping attitudes, social norms and behaviours around respect and equality. When done right, sport can have a profound impact on a young person's development.

Program Aims

- To encourage indigenous youth to play soccer
- To bring together indigenous and non-indigenous youth in a fun, safe and enjoyable learning environment
- To promote a healthy lifestyle
- Inclusion and diversity
- Leadership and respect
- Build relationships with all stakeholders

Other Information

- The program is **FREE** of charge
- Date: Monday 17th December 2018 until Friday 21st December 2018
- Time: 9.00am – 1pm each day
- A healthy morning tea and lunch will be supplied each day to all participants and staff.

DAY	PROGRAM ACTIVITY – 9AM TO 12NOON
MONDAY	Outside – Little Athletics/La Fiamma Clubhouse
TUESDAY	Futsal – Basketball Stadium court 2 & 3
WEDNESDAY	Outside – Little Athletics/La Fiamma Clubhouse
THURSDAY	Futsal – Basketball Stadium court 2 & 3
FRIDAY	Outside – Little Athletics/La Fiamma Clubhouse

DAY	LUNCH TIME PRESENTATION – 12NOON TO 1.00PM
MONDAY	Anna Trelor from Ngala– Cyber safety
TUESDAY	Cath Dumont – Healthy snacks and sugary drinks presentation
WEDNESDAY	Suzanne Carter – Headspace, 7 tips for a healthy headspace
THURSDAY	Lisa Lockye – Mooditj program
FRIDAY	Local hero/role model identities
EVERY DAY	Aboriginal Elder will assist the boys and girls to create 2 collaborative pieces of artwork representing the program

If anyone would like further information regarding this program, please let me know.

Kind Regards and Thanks,

Tanya Amazzini

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