



Mount Tarcoola Primary School



School Motto
"Reliability"

Newsletter

Term 2 Week 6 2017 No: 8

CONTACT DETAILS

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UPCOMING EVENTS

Wednesday 31st May

Young Writers Workshop

Thursday 21st June

Before school tennis

7.45—8.30am

Monday 5th June

Public holiday

Thursday 8th June

Before school tennis

7.45—8.30am

Friday 9th June

Pirate Day Cancer Fundraiser

Monday 12th June

P&C Meeting 7:00pm

Tuesday 13th June

Parent Newsletter

Wednesday 14th June

Camp Quality Show

SCHOOL WATCH ALERT

Our school is being subjected to increasing vandalism after school and on weekends. Please report any after hours visitors to the police on **9923 4555** or School Watch on **131 444**.

Please keep children out of the school grounds after hours.

FROM THE PRINCIPAL:

Welcome to Week 6 Everyone.

After two editions in a row with a theme, this week I am going free style.

The children in rooms 12 and 3 were very proud of their efforts last Friday after the assembly and so they should be because the adults and students in the audience thoroughly enjoyed the assembly. Mrs Wood, Mrs Taylor, Mrs Maslen, Mrs Sibson, Mrs Iaria and Miss O'Rourke all had a hand in bringing the show together, so thank you and also thank you the parents and family members who came along to our assembly.

Last week your child may have come home and talked about our 'Lockdown' practise. We do drills for emergencies to identify areas for refinement and last Tuesday we did a lockdown drill. From the practise we have identified a couple of areas that we can redesign to ensure that different scenarios are covered. We hope that we don't ever need to be in a lockdown or evacuation situation. We take the children's safety very seriously and that is why we have action plans in place.

Last night we had a School Council meeting and I would like to publicly welcome our new members, Alison Goode, Ione Griffiths, Kelly Moreira Pazzini Heseltine and Michele Young who have joined Dale Pearse as our parent representatives. I would also like to acknowledge Jess Lancaster, Belinda Goodale, Jacinda Harries and Kay McAuliffe who were previous parent representatives and thank them for their contribution to the school and its smooth operations.

Kindergarten enrolments are open and if you know someone who has a Kindergarten aged child can you please pass the word on that we are taking 2018 enrolments and that forms are available from the school office. It might appear early to be thinking about 2018 but planning becomes much easier knowing our expected Kindergarten numbers early.

Last Wednesday the students participated in the National Simultaneous Story Time which is held annually through the Australian Library and Information Association. Every year a picture book, written and illustrated by an Australian author and illustrator is read simultaneously in libraries, schools, pre-schools, childcare centres, family homes, bookshops and many other places around the country, as a means of promoting reading among our children. This year the book was 'The Cow Tripped Over the Moon' by Tony Wilson and Laura Wood.

Our students received a variety of positive messages from the Constable Care visit today. Some of those included; developing social skills, negotiating conflict, dignity, respect and diversity. Different age groups watch different performances but the messages are all linked. We have Constable Care visit whenever the opportunity arises because they bring messages that support what we are doing within our school.

Finally I would like to thank the following people who assisted with or who were spotted supporting our students at the netball and football carnival; Ms Michelle Hall, Mrs Emery, Miss Clarke, Miss Noble and Mrs Garcia at the Netball. Mrs Denise Hall who kindly repaired the footy jumpers.

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Mr Dethlefsen, Mr Pearse, Mr Gallop and Mr Ronan who helped out at footy and also Mrs Kennedy who organised umpires for the day. Thank you also to the staff: Mrs Harrop, Mrs Cohen, and Mrs Clarke.

A reminder that next Monday is a public holiday so students can have a sleep in, or be active outside, and if you are going away over the long weekend enjoy your break and most importantly travel safely.

SHANE RUTTER
PRINCIPAL

CONGRATULATIONS to the following students who were awarded Certificates of Merit at the Parent Assembly on Friday 26th May, 2017.	
Room 1	Sarah Moneer, Nulla Mongoo, Jesse Kerr, Kaylee Watson
Room 2	Monica Wilson, Keynan MacDonald, Kaitlyn Carr, Savannah Gallie
Room 3	Ava Lynch, Rory Holland, Omar Elshekheiby, Finn Smith
Room 6	Thomas Black, Alexa Winfrey, Calista Comeagain, Gypsy Atkins
Room 8	Chloe Cukela, Sam Warhurst, Georgia Pearce, Amali Evans
Room 9	Rakaan Cotterill, Elias Vlavianos, Elisha Pettigrew
Room 10	Tiarn Taylor, Tyrique Fraser, Jack Cukela
Room 11	Sidney Thuijs, Miley O'Malley, Kye Pethick
Room 12	Alexander Winson, Xanthe Brockman, Charlie Archer, Heidi Darcy
Room 13	Tristan Gault, Jordan Mitchell, Bree San Pablo,
Room 14	Alyssa Piper, Kaylee Johnson, Lachlan Ryan, Tristan Reyes
Room 15	James Kent, Mikaelah Rickards, Paige Devlin, Sanya Kerai
Room 16	Jack Watters, Dwight Shankland, Emily Ramasamy
Room 17	Bobbie-Jo Mongoo, Kai Furukawa, Mia Jones, James Browne
Science	Samuel Wilson

Aussie of the Month	
Junior Student Darren Merritt	Darren's kind heart and gentle manner contribute greatly to his "All Round Aussie!" He is always a good friend to others and has a positive outlook which he shares with his peers and out of the classroom.
Intermediate Student Miela Friesen	For always helping others out in our classroom. She is a True Blue Aussie. Nothing is too much trouble.
Senior Student Deanna Pollitt	Deanna led our National Anthem with poise and confidence when Room 8 & 17 had a music malfunction. A True Leader! Thank you.
Staff/Community Member Jodie Rodgers	For always going above and beyond for our Staff and Students. A True Blue Aussie!
Principal's Reliability Award	
Junior Student Dianna Vlavianos	Dianna comes to school well prepared, looks after her belongings, follows instructions and is reliable, respectful and co-operative.
Intermediate Student Jake Leech	For his bright and bubbly personality. He is a very considerate classmate, who is always willing to help his peers. Jake always puts in 100% to all activities and is a much valued class member.
Senior Student Bailee Reed	Bailee displays the four Bee's at all times. She is polite and respectful to Staff and Students, reliable and considerate to her classmates and is always co-operative no matter who she is required to work with. Most worthy of receiving the Principal's Reliability Award.

WATERWISE TIP

Winter Sprinkler Ban



A permanent winter sprinkler ban applies to all scheme and bore water users in Perth, Mandurah and some parts of the South West and Great Southern from 1 June to 31 August each year.



BOOK CLUB — ISSUE 4

A reminder that the last day to have your Book Club order in to the Front Office is Tuesday 6th June 2017.

RESILIENCE

Amelie's story



Two-year-old Amelie had a new baby brother. Amelie was much loved and her parents expected that she would welcome baby Noah with their support. Although Amelie was loving towards the baby, she became very clingy to her mother, started to show off when visitors came to admire the baby and no longer wanted to go to the playgroup that she had always loved. Her parents gave her as much time and love as they could and allowed her to decide for herself whether or not to go to playgroup. Over the next few weeks Amelie gradually became more like her old happy self and one day said that she would like to go to playgroup again.

Everybody's life has ups and downs.

Adults sometimes look back on their childhood as a time when they were always happy, but life's ups and downs are a part of childhood too. Children need to build resilience skills to be able to both enjoy good times and deal with hard times. Helping children learn how to manage life's ups and downs and build their coping skills supports their mental health and wellbeing now and into the future. Feeling good protects mental health and wellbeing.

Did you know that experiencing positive emotions such as joy, pleasure and having fun are essential experiences for building and maintaining a healthy mind across our whole lives?

Skills and qualities that help children cope with life's ups and downs

- **Trust** - that the world is safe and that there are caring people to help them.
- **Belief** - in their ability to do things for themselves and achieve their goals.
- **Feeling good** - about themselves and feeling valued for who they are by their parents and carers.
- **Optimism** - that things generally turn out well.
- **Regulation** - Ability to manage their feelings, thoughts and behaviours.

Children develop these skills and qualities and *learn to keep a balance* over time, initially through their experiences in coping with small stresses with help from supportive adults. When bigger stresses come along, even though at first they might feel quite distressed, children can draw on what they have learned about helping themselves to cope and feel better. Looking to others for support continues to be an effective way of coping.

How are your child's resilience skills developing?

Resilience is the ability to cope with life's ups and downs. Children's resilience is enhanced when they:

- are loved by someone unconditionally
- have an older person outside the home they can talk to about problems and feelings
- are praised for doing things on their own and striving to achieve
- can count on their family being there when needed
- know someone they want to be like
- believe things will turn out all right
- have a sense of a power greater than themselves
- are willing to try new things
- feel that what they do makes a difference in how things turn out
- like themselves
- can focus on a task and stay with it
- have a sense of humour
- make goals and plans, both short and longer term.

Feeling optimistic and hopeful are key parts of mental health and wellbeing.

'Pull the Plastic' lunch boxes.

The sustainability focus for term 2 is on reducing the single use cling wrap in student lunch boxes. We are encouraging students to replace single use cling wrap/ glad wrap with more sustainable options eg reusable plastic containers, washable ziplock bags, brown paper bags and waxed lunch wrap.

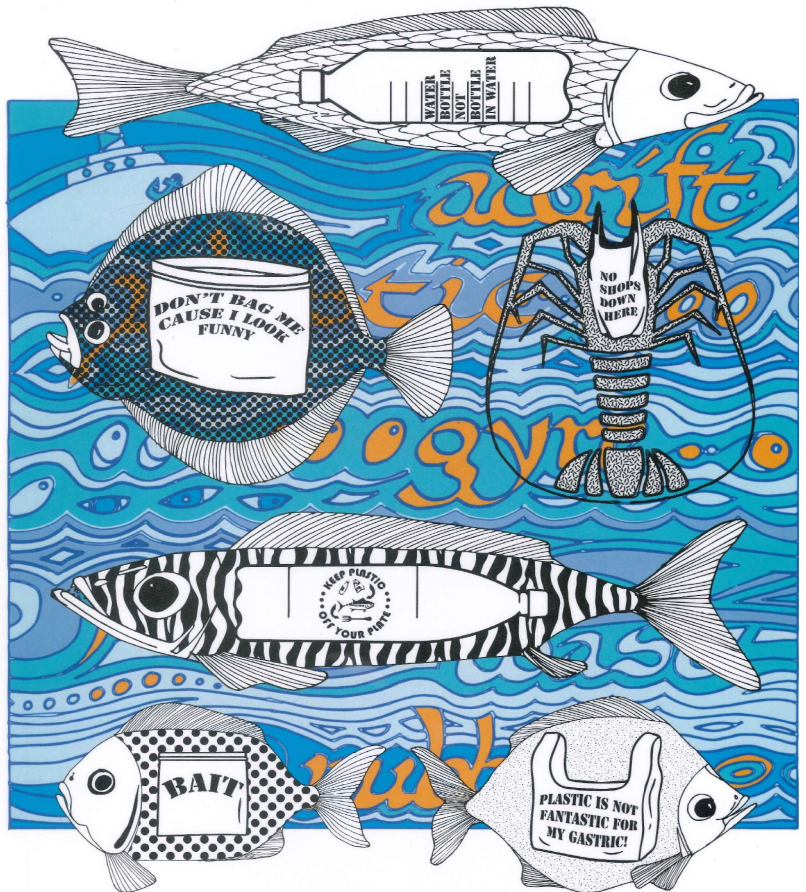


These insulated re-useable lunch bags are available from our school canteen and can be used when students order their lunches.

The classroom with the greatest percentage of sustainable lunch boxes will earn a **special sports box** for a week for the whole class to share and enjoy.

Come on and do your part for Planet Earth 🌱

KEEP PLASTIC OFF YOUR PLATE BIN YOUR BAIT BAGS!



This project is supported by the Northern Agricultural Catchments Council and funded by the Waste Authority through the Waste Avoidance and Resource Recovery Account.



COMMUNITY NEWS

GERALDTON HARRIERS JUNIOR RUNFEST

Geraldton Harriers is again organising the annual running event for juniors this year. Junior RunFest takes place on Saturday 1st July 2017.

It will be held at the Foreshore near the yacht club playground and start at 4pm. The distances are set for all ages and capabilities; 1 mile, 2 miles and 3 miles.

We would like to have lots of children come and have a go at running, challenge themselves or just have some fun running!

Please visit Geraldton Harriers Club for information and entries.

We are also looking for some volunteers to marshal the running course on the day for the children to run safely. Please email secretary@geraldtonharriers.com.au if you are able to assist.

WAAPA WINTER SCHOOL 2017

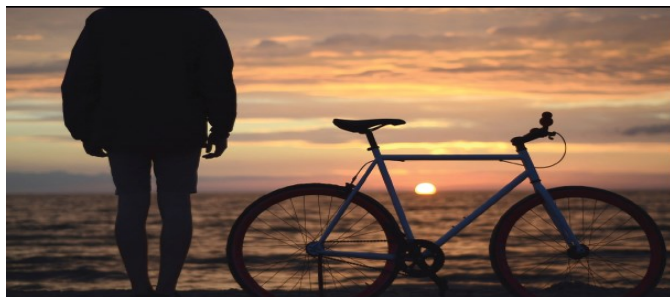
These July school holidays WAAPA is offering exciting programs for students in years 4 to 12. The Winter School includes classes in acting, drama, dance, screen acting and music theatre. For information about the many courses on offer please visit WAAPA Winter School Holiday Programs or contact Gabrielle Metcalf at g.metcalf@ecu.edu.au or 9370 6775.

Friday 9th June 2017

AHOY THERE ME MATEYS!
Join us in raising funds to support childhood cancer research.
Dress in your SWASHBUCKLING best and don't forget your PIRATE TREASURE (a gold coin donation)!

MT Tarcoola Primary

Captain Batty



Calling all bike riders!

Tell us about **YOU** as a bike rider so we can better understand **YOUR** needs

**Take the
Cycling in City of
Greater Geraldton
Survey**

www.surveymonkey.com/r/gerocycle

Drop-in Session

3-7pm
Wednesday 7 June 2017
Geraldton Multipurpose
Centre Function Room
250 Marine Terrace

Can't attend? Email your feedback
to james.pearse@wsp.com



Department of
Transport



Greater Geraldton
a vibrant future

Parenting Support with our Family Counsellor

Friendly, confidential parenting support is available every
Wednesday at the Child and Parent Centre – Rangeway
with Geraldton Family Counselling Services.

These services are available on other days at Ngala Midwest Gascoyne.



No referral is necessary. To
make an appointment please
telephone 9921 6814 or email
rangeway@ngala.com.au



Government of Western Australia
WA Country Health Service

Childhood Immunisations

At your local Child and Parent Centre – Rangeway

From 4 November 2016 Community Health Nurses in conjunction with
the Rangeway Child and Parent Centre will be offering immunisations to
children aged 0-4 years of age.

Venue: Child and Parent Centre, Rangeway, entrance off Hovea
Street

When: First Friday of every month

Time: 9:30am – 11:00am

**Please bring your child's Purple Health Record or Immunisation
Card and Medicare card.**

For more information please contact 9956 1985

The Australian Hearing Bus is coming to town

Hop aboard for a **free hearing
check** or to speak to an expert
about your current hearing device

Find us here:

TUESDAY 30TH MAY
Glenfield Shopping Ctr
582 Chapman Road
Glenfield WA 6532
09:00am - 04:00pm

WEDNESDAY 31st MAY
Wonthella Shopping Ctr
252 Fifth Street
Wonthella WA 6530
09:00am - 04:00pm

THURSDAY 1ST JUNE
QEI Seniors Centre
Durlacher Street
Geraldton WA 6530
09:00am - 01:00pm



No appointment necessary, just come along on the day.



(08) 9920 7500
www.hearing.com.au

**JOIN RISING STARS WA,
THE STATE'S PREMIER
AFL ACADEMY!**

3 DAY GERALDTON FOOTBALL CAMP
DATE - 10 - 12 JULY 2017
VENUE - RECREATION GROUND, RAILWAY FOOTBALL CLUB
TIME - 9AM UNTIL 1 PM COST - \$250 AGES 7 - 15 YEAR OLDS

RISING STARS PROGRAM

Skills based sessions which players experience the following & much more!

- ★ Learn skills from our professional coaching staff.
- ★ Technical and tactical training.
- ★ Small sided games & footy challenge.
- ★ Engagement and guarantee they will have a fun & positive learning experience.
- ★ Player feedback assessment.

SESSIONS CONDUCTED BY
Boys AFL 12's State Coach Boys AFL 15's A/State Coach
Gold Coast Suns Scout Boys AFL A/State Coach

REGISTER ONLINE AT:
www.risingstarswa.com.au