



Mount Tarcoola Primary School



School Motto
"Reliability"

Newsletter

Term 4 Week 4 2017 No: 17

CONTACT DETAILS

Principal:

Paul Luxton

Deputy Principals:

Shane Rutter

Marlene Bevan

Manager Corporate Services:

Sharon Browning

Telephone:

School: 08 9968 1100

Kindy/Pre-primary: 08 9968 1100

Canteen: 08 9964 3162

Email:

MountTarcoola.PS@education.wa.edu.au

Website: <http://mttarcoola.wa.edu.au/>

UPCOMING EVENTS

Wednesday 1st November

Golf visit

Thursday 2nd November

Before school tennis

7.45am—8.30am

'Count Us In' Singing

Kindy/PP Art Show (evening)

Thursday 9th November

Before school tennis

7.45am—8.30am

Friday 10th November

Remembrance Day Assembly

Parent Helper Morning Tea

Showcase Excursion (12:30pm)

Tuesday 14th November

Parent Newsletter

Thursday 16th November

Before school tennis

7.45am—8.30am

Friday 17th November

P&C Disco

SCHOOL WATCH ALERT

Our school is being subjected to increasing vandalism after school and on weekends. Please report any after hours visitors to the police on **9923 4555** or School Watch on **131 444**. Please keep children out of the school grounds after hours.

FROM THE PRINCIPAL:

I would like to invite all parents and caregivers to the Year 5 Remembrance Day Assembly on Friday the 10th of November. The Year 5 classes have been preparing for the assembly and would like as many people to attend as possible. Following this we have the Parent Helper morning tea, this is an opportunity for the school to thank the many parent and community helpers that we have.

We are now into the second week of swimming lessons and I think that everyone has the routine down pat. I am especially pleased with the students and the way that they very quickly and calmly get organised for the lessons and then again afterwards. Even the Pre Primary classes are now at least 5 minutes quicker getting dressed and organised!

This week we have the team from Desert Blue Connect delivering the Protective Behaviours program across various sections of the school. This program is mandated and teaches the children a range of skills and strategies to help prevent and reduce child abuse and violence in our communities.

A big well done to all the students who participated in the Spaghetti Bridge competition. It was great to see all the Mount Tarcoola students and their creations at Seacrest Woolworths on Saturday for the weigh in. The strongest bridge was able to handle 23kg of weight. Mrs Batty was delighted with the turn out and the creative and scientific efforts put in by the students with their designs.

This week teaching staff from Mount Tarcoola will join with other teachers from across the region in an afterschool Maths Moderation exercise. This requires teachers to have completed a series of common Maths tasks with their students and then grading these assessments. The discussion amongst the teachers will then be around those judgements and the achievement standard for each year level. This is an important exercise for teachers to be involved in as it will help with ensuring consistent judgements and grading across the region. Following this exercise teachers will have a better understanding of the achievement standard and will be confident that the grades they give our children for mathematics will be consistent with the grades assigned by teachers for their students in other schools.

Once again we have had some vandalism at the school over the weekend with some windows being broken. These have been repaired and there was no danger to students or staff. Also of a worrying nature is the number of children that are returning to school grounds after school has finished. School is strictly out of bounds on the weekends and after school unless there is a school sanctioned activity being held. People found on school property after hours can be charged with trespass. We will be liaising with the police to determine ways in which we can curb this anti-social behaviour. We need parental support with this one, please do not allow your children to be on school grounds after school.

Paul Luxton
Principal



2018 Charges & Contributions Years K-6

VOLUNTARY CONTRIBUTIONS PER CHILD	
Curriculum Area Distribution	
The Arts	\$8.00
English	\$8.00
Mathematics	\$8.00
Library	\$8.00
Physical Education	\$7.00
Society & Environment	\$5.00
Science	\$4.00
Technology & Enterprise	\$4.00
Health	\$4.00
LOTE Indonesian	\$4.00
TOTAL	\$60.00

CHARGES PER CHILD			
Maximum			
	Kindergarten	Pre-primary	Years 1 - 6
Incursions/Excursions	\$60	\$60	\$60
Swimming	\$0	\$55	\$55
TOTAL	\$60.00	\$115.00	\$115.00

OTHER OPTIONAL COSTS	
Maximum	
Numero Camp	\$ 50.00
Instrumental Music	\$110.00
PEAC	\$281.00
Year 6 Activities	\$250.00
Challenge Day, Leadership/T Shirt	
Year 6 Graduation Dinner	\$ 75.00
Young Writers'	\$120.00

P & C CONTRIBUTION	\$5.00	Per child
Provides for purchases of sunscreen, awards and prizes etc		

- Notes:**
- Maximum Voluntary Contributions payable per family (3 or more children) is \$180.00; parents will be advised at the beginning of 2018. The P&C Contribution of \$5 per child will also be included in documentation.
 - Phone approved Credit Card or Direct Deposit payments are available for Voluntary Contributions (Visa or Mastercard), Direct Deposit details will be provided on advices, if paying by credit card fill in the bottom of the advice and return to the office.
 - Charges for incursions and excursions will be pay as you go. Class teacher will provide details of incursion or excursion and cost, payment to class teacher (cash or cheque).
 - Charges for swimming will be pay as you go to Class Teacher or Direct Deposit.
 - Other Optional Costs are additional items such as camps / Instrumental Music / Year 6 Activities and the above table shows maximum costs.
 - Please note that the level of Charges & Voluntary Contributions has been approved by the School Council.
 - If necessary, payment options may be negotiated with the school, please contact the Manager Corporate Services.
 - It may not be possible to refund for pre booked excursions.

Examples - Contributions

1. Family with a Kindergarten, Pre-Primary & Year 2 child

	Kindergarten	Pre-primary	Year 2	
Contributions	\$60.00	\$60.00	\$60.00	
P & C Per Child	\$5.00	\$5.00	\$5.00	
Subtotal	\$65.00	\$65.00	\$65.00	GRAND TOTAL \$ 195.00

2. Family with a Year 1, 3, 5 & 6 child

	Year 1	Year 3	Year 5	Year 6	
Contributions	\$60.00	\$60.00	\$60.00	N/A	
P & C Per Child	\$5.00	\$5.00	\$5.00	\$5.00	Year 6 not charged for Contribution as maximum of \$180 per family reached.
Subtotal	\$65.00	\$65.00	\$65.00	\$5.00	GRAND TOTAL \$200.00

STUDENT LETTERS TO THE PRINCIPAL

16.10.2017

To Mr Luxton my Name is Tyreland I like to Make Friends I am in room 11 which is a year 2/3 class but I may year 3, hope they you get use to it. There will be lots of nice people you will might meet.

16.10.17.

Dear Mr Luxton, My name is Levi and love the School because of the four bees. I think it has 'improved' the school alot ^{becaus} kids are trying harder. Im in room 11, year three. I don't like when people fight it makes me sad. Also I don't like when people litter our School because it makes it look dirty.

from Levi



P&C NEWS

RAFFLE TICKET SALES ending 24th November. . Get your tickets from the canteen.—\$2 each

First Prize: Fibreglass Surf Board approx. 5'7" with fins.Value \$400.00

Kindly donated by McDonalds Wholesalers

Second Prize: 24" GIANT Youth Mountain Bike or similar to the value of \$379.00 from Revolutions Bikes

Kindly donated by Mr Ian Blayney MLA

Third Prize: Bio Flow Band Value \$75.00

Kindly donated by Sports Power

Fourth Prize: Pearl Pendant Value \$50.00

Kindly donated by Jude Tupman

Drawn Friday 24th November 2017 @2pm Results published: School newsletter 28/11/2017

UNIFORMS

A new uniform order for 2018 has been handed out to students. We strongly recommend that Parents order their Childrens' uniforms for next year from this order form as there will be limited stock in the Uniform Shop to purchase at the beginning of next year.

Please return with your money by this FRIDAY 3RD NOVEMBER 2017.

BANDANNAS FOR SALE

We are selling Bandannas outside Room 19 everyday this week. We are raising money for Teenagers with Cancer. Please help support this worthy cause. BANDANNAS are \$5.00 each

This FRIDAY 3RD November we are asking all students to wear their BANDANNAS to have a whole school photo.

POLICE TALK

On Friday the 20th October the upper school were visited by two police officers from the Geraldton Police Station to discuss Cyber Bullying, stealing and the dangers of Rock Throwing.

RICHARD SCHOLLES: WILD WEATHER

The Crazy Scientist performed at Mt Tarcoola. Richard is a multi-award winning entertainer, scientist and teacher. Students were drawn into the world of crazy science as they became part of the experiments and assisted Richard as he demonstrated the power of science.

SPAGHETTI BRIDGE COMPETITION

A big congratulations to all the students from Year3 to Year 6 who competed in the Midwest Schools Spaghetti Bridge Competition at the Seacrest Woolworths. Students had to build a bridge using spaghetti and hot glue. It had to weigh no more than 250grams, be 55cm long and 10cms wide. All the students worked tirelessly for 4 weeks during their lunch times to complete their models.

Mount Tarcoola competed against Rangeway Primary, Wandina Primary and John Willcock College. Mount Tarcoola entered 15 bridges out of the total of 25 bridges on the day.

Students bridges were weighed and then tested for strength by setting bridges across a span of 55cm and then a bucket was suspended from the bridge as sand was poured slowly into the bucket. The sand was poured into the bucket until the bridge gave way.

Engineers from the Midwest West Engineers Group came to school and talked to the students about different types of bridges and their features. They then came to the Seacrest Shopping centre to test the bridges. The results for the winning bridges will be announced at the next student assembly.

Karen Batty, Science Coordinator.

THIS IS THE WORST DAY EVER! BY MICHAEL GROSE

Recently, Debra (not her real name), a mother of two children, told me how her 10 year old son would often exaggerate his woes with comments such as 'This is the worst day ever' when he came in the door after school. She was seeking my advice on what approach she should take with her son.

Debra was attuned to her son's needs. She realised that he had a need to talk about what was on his mind, which put her at odds with her husband who viewed her son as a pessimist. So what approach to take?

Place time limits on pessimism

Her son was more than likely down the pessimist end of the pessimism-optimism continuum. Nothing wrong with that although it would very limiting if he always saw the world through a negative lens. Pessimism and optimism are part genetic and part learned so regardless of how sunny and optimistic those adults around them may be, some kids are just more prone to seeing the downside in most situations. It's important to listen to kids but at the same time don't allow them to wallow in self-pity or go over old, negative ground. Listen to their tale but at some point it's best to say, "Enough! Think about other things."

Cue kids to talk

Children of all ages have a need to talk about their day and get things off their chests. Kids Helpline's busiest part of the day is the time immediately after school when kids dial up to talk about problems with teachers and also with peers. It's healthy for kids to talk to adults to get things off their chests. 'The worst day ever' is a type of cue for Debra's son to vent. Perhaps Debra can let her son know that she's always available to talk and that all he needs to do is say, "Mum, I need to talk."

Allow kids to vent and be understood

There's nothing more therapeutic than knowing someone understands you. That means as a listener you need to stop what you are doing, and really tune into the feelings behind your child's venting. If your child is feeling sad, mad or rejected, think of a recent time when you felt the same way. It will allow you to get on the same wave-length as your child. This takes time and a willingness to be vulnerable, but it is probably what your child wants from you.

Call kids out on extreme black and white language

Many young people catastrophise or see situations in extreme terms. 'The worst day ever', 'everyone hates me', 'the teacher never says anything nice to me' are examples of extreme views. The world is rarely so black and white. As parents, we can challenge extreme language. Wind it back with more realistic language such as 'Yes, it sounds like your having a bad day,' 'Some people can be unpleasant but you have some other terrific friends,' and 'that teacher can be grumpy sometimes but I think you'll find he can be reasonable too.'

Encourage kids to show gratitude

If you have a child who constantly brings the negative parts of their day to you then it may be wise to bring some balance to his or her viewpoint. Do this by encouraging them to show some gratitude for the good or positive things that happened to them. Many resilience experts encourage children and young people to keep a gratitude journal. At the end of each day they should place three things that happened to them that they are grateful for in their journal. Not only does this add some much-needed perspective but looking for the good and positive side of life becomes habit-forming even for the most negative Nevilles and Nellies.

Debra's initial approach to listen to her son when he wanted to talk about his day was the right one. However she admitted she was tired at being the sole recipient of her son's constant negativity. If you can identify with Debra then I encourage you to be empathetic and understanding but also to have some different strategies at your finger tips to steer your child or young person to a more positive, more realistic appraisal and at the same time, not allowing one bad event or incident define their entire day.

BOOK COVERING VOLUNTEERS WANTED

The Library is looking for two willing parent volunteers to help out with library book covering this term, please see Rikki Morin in Library if you have some spare time and interested.

WELL DONE

Ruby Varley and a group of her school friends participated in the Relay for Life which was held last weekend to raise money for Cancer. The girls stayed the whole weekend and walked many, many laps over the 24 hour period.

Their team was named 'The PJammers' in memory of Ruby's cousin Kurt who passed away from Leukaemia at the age of 15. The girls fundraised tirelessly reaching a total of \$8000 which is an amazing effort with the overall total of the event at over \$100,000.

The team is to be congratulated on their hard work and community spirit. Thank you also to the school community who donated to their fundraising efforts.

It was a team effort made up of the following:

Ruby Varley, Kaylee Johnson, Jasper Hill, Nevaeh Hill, Monique Forsyth, Chelsea Shanahan, Tennessee Forrester and the mums.

COMMUNITY NEWS

RANGEWAY DENTAL CLINIC CLOSURE

The clinic will be closed on the following dates: Monday 6th November to Tuesday 14th November inclusive. Clinic will reopen as normal on Wednesday 15th November. During this time, if emergency treatment is required, please phone 9921 4218 or 9923 1289.

Dealing With Life's Losses



4 x 1 hour workshop sessions to assist children to:

- Notice their warning signs when they are not coping emotionally
- Find better ways to express their feelings (including sadness)
- Think about solutions



When: Wednesday 1 November 2017
Wednesday 8 November 2017
Wednesday 15 November 2017
Wednesday 22 November 2017

Time: 3.45pm to 4.45pm

Cost: \$20.00 (Concession Card holders \$10)

Where: Centacare Family Services
3 Maitland Street, Geraldton

Please call (08) 9921 1433 to register your attendance



Starting school in 2018?

Join us for a free, practical information session for dads and mums of children starting school in 2018

Topics include:

- Separation
- Toileting
- Independence
- Health
- Vocabulary
- Fine motor skills
- Healthy lunchboxes
- School referrals and more...

Choose your session:

Morning
Wednesday 22 November
9.30am to 11.00am

Evening
Tuesday 21 November
5.30pm to 7.00pm

A free crèche is available upon booking. Bookings are essential, places limited.

To book in phone 9921 6814 or 0438 860 669, or email rangeway@ngala.com.au

In partnership with Ngala
ANIMIST & GARDNER

ROAD MAP TO MY EMOTIONS

Workshops for children which help them:



Notice their warning signs



Think about solutions



Navigate life's speed bumps

Program start dates

7 to 9 year olds Monday 6 November 2017 3.30pm - 4.30pm
10 to 12 year olds Tuesday 7 November 2017 3.30pm - 4.30pm

Each program runs for 5 weeks.

These dates may be subject to change depending on demand.

Cost \$25

Please call (08) 9921 1433 to register your attendance

*A 1 hour parent information session about the program will be run on:

Wednesday 1 November 2017 5.30pm-6.30pm

HMAS Sydney II 76th Commemoration

On behalf of the City of Greater Geraldton, his Worship the Mayor Shane Van Styn invites you to attend the 76th Commemorative Sunset Service in remembrance of the HMAS Sydney II and her 645 crew members.

Sunday, 19 November 2017
5.00pm

Please hold this date in your calendar.



WREATH LAYING REGISTRY
ShauniN@gcg.wa.gov.au
EVENT ENQUIRIES TO
SierahL@gcg.wa.gov.au

